

NATIONAL EXERCISE & SPORTS TRAINERS ASSOCIATION (NESTA)

EXAMINATIONS:

Personal Fitness Trainer Examination

ELIGIBILITY:

Candidates interested in taking the Personal Fitness Trainer Examination should register at www.nestacertified.com.

If you have questions and need to contact a NESTA representative, you may do so by sending an email to cs@NESTAcertified.com, or by calling the NESTA offices at (877)348-6692.

Once you have been approved, you are responsible for scheduling an appointment to take the examination.

TELEPHONE REGISTRATION

To schedule an examination by phone, please call (855) 579-4642. The times of operation for live operators are as follows:

Time Zone	Monday - Friday	Saturday - Sunday
Eastern Time	7:30am - 10:00pm	9:00am - 5:30pm
Central Time	6:30am - 9:00pm	8:00am - 4:30pm
Mountain Time	5:30am - 8:00pm	7:00am - 3:30pm
Pacific Time	4:30am - 7:00pm	6:00am - 2:30pm

EXAM SCHEDULING LINK

<https://test-takers.psiexams.com/nesta>

CANCELING AN EXAMINATION APPOINTMENT

You may cancel and reschedule an examination appointment without forfeiting your fee if your *cancellation notice is received 24 hours before the scheduled examination date.*

Note: A voice mail message is not an acceptable form of cancellation. Please use the telephone system and speak to a Customer Service Representative.

MISSED APPOINTMENT OR LATE CANCELLATION

Your registration will be invalid, you will not be able to take the examination as scheduled, and you will forfeit your examination fee, if you:

- Do not cancel your appointment 24 hours before the scheduled examination date;
- Do not appear for your examination appointment;
- Arrive after examination start time;
- Do not present proper identification when you arrive for the examination.

REQUIRED IDENTIFICATION AT TEST SITE

Candidates need to provide the following:

One form of ID is required. It must be a valid, non-expired government-issued ID bearing photo and signature. Allowable forms of identification include:

- Driver's license
- A state issued identification card
- A current government military-issued identification
- A government issued passport
- A permanent resident card
- Must have current Emergency Cardiac Care (CPR) Certification. Photocopies of current and valid CPR cards are acceptable.
- Applicant can show EMT (Emergency Medical Technician) card in place of CPR card.
- Applicant can show BLS (Basic Life Support) card in place of CPR card.
- Cards are no longer required to be signed by the Instructor.
- A letter from an Agency stating that the applicant has passed the CPR or BLS (Basic Life Support) course is allowed.

Note: CPR for the Professional Rescuer is an accepted CPR course.

SECURITY PROCEDURES

The following security procedures will apply during the examination:

Scratch paper and a pencil will be provided at the test site. The online calculator will be enabled for candidate's use.

- While at an examination site, you are considered to be a professional and shall be treated as such. In turn, you must conduct yourself in a professional manner at all times. While at the site, you shall not use words or take actions that are vulgar, obscene, libelous, or that would denigrate the staff or other candidates.
- NO conversing or any other form of communication among candidates is permitted once you enter the examination area.
- Cell phones, pagers, and children are not allowed in the examination center. **NO personal items are to enter the testing center.** Candidates are encouraged to leave all personal belongings except their keys in their car.
- No smoking, eating, or drinking will be allowed at the examination site.
- Copying or communicating examination content is a violation of security policy. Either one may result in the disqualification of examination results and may lead to legal action.

TESTING SITES

There are global examination centers. You will be provided with the locations upon scheduling for your examination.

EXAMINATION RESULTS

An unofficial pass/fail score report will be given at the end of the exam.